

CERTIFICATE OF PARTICIPATION

This is to certify that

Adele Swanepoel

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2017 #7

held at Cowhouse Market.

TIME 01:42:34

PACE 06:49/km

OVERALL 30 of 41

GENDER 11 of 18

OPEN 9 of 14

12 November 2017, Sun

Date



BoutTime

Signature

